

UNIVERSITY OF WASHINGTON

2004 Men's Outdoor Track & Field Season Best Marks

June 15 2004

NOTE: Only scored meets listed; full schedule on following page

April 10 at **Pepsi Invitational** (Eugene, Ore): 1. Oregon 191; 2. Minnesota 169; **3. Washington 144**; 4. Colorado 101.
 April 17 at **State Challenge Cup** (Pullman, Wash.): 1. Team Washington 463, 2. Team Idaho 169.
 May 1 at **WSU Dual** (Pullman, Wash.): 1. Washington State 112; **Washington 90**.
 May 14-15 at **Pac-10 Championships** (Tucson, Ariz.): 1. UCLA 143, 2. Oregon 130, Arizona State 120, 4. USC 95, 5. Arizona 93, 6. Stanford 76, 7. California 75, **8. Washington 45**, Washington State 41.
 May 28-29 at **NCAA Regional Championships** (Northridge, Calif.): Top-10 Teams — 1. UCLA 141, 2. USC 82, 3. BYU 79.5, T4. Arizona State 63, Oregon 63, 6. Stanford 48, 7. California 34, 8. Boise State 31, 9. Arizona 28.5, 10. Wash. State 23; **17. Washington 13**.
 June 9-12 at **NCAA Championships** (Austin, Texas): Top 10 Teams — 1. Arkansas 65.5, 2. Florida 49, 3. LSU 31, T4. TCU 30, Southern Methodist 30, Ohio St. 30, 7. Baylor 27, 8. Texas Tech 26.5, 9. Oregon 26, T10. Wisconsin 22, Arizona St. 22, **Washington DNS**.

- UW (outdoor career best) listed if superior to 2004 season best.
- Indoor season best (i) listed with date achieved in cases where mark serves as a current Pac-10 Championships qualifier.
- Indoor marks and wind-aided marks above 4.0 mps (W) accepted for Pac-10 meet, but not for NCAA meet.
- NCAA standards listed are for Regional Championships; for 10,000m and heptathlon, standards are PROV/AUTO for NCAA meet.

100 meters

	NCAA	10.50
	Pac-10	10.74
* Davaon Spence	10.55w/10.63	(b/f)
* Patrick Davidson	10.68w/10.79	(h/q)
Marc James	11.13	(q)
Brenton Laws (10.98)	11.16w/11.38	(b/e)
Doug Blaty	11.25	(p)
Phil McCary	11.67	(q)

200 meters

	NCAA	21.19
	Pac-10	21.44
Davaon Spence	21.67	(e)
Patrick Davidson	21.74	(q)
Phil McCary	21.83w/21.90	(m/h)
Cristian Adams	22.23w	(m)
Nik Williams	22.24	(q)
Brenton Laws (22.04w)	22.55	(b)
Marc James	23.14w	(p)

400 meters

	NCAA	47.26
	Pac-10	47.84
* Cristian Adams (46.95)	47.48	(s)
Phil McCary	48.09	(m)
Nik Williams	48.38	(a)
Sean Williams (47.19)	48.46	(e)
Bruce Jackson	49.10	(q)
Stig Ellingson	50.52	(r)
Doug Blaty	52.47	(p)
Marc James	53.11	(b)

800 meters

	NCAA	1:50.62
	Pac-10	1:51.44
%* Todd Arnold	1:49.45	(t)
%* Eric Garner	1:50.18	(q)
Carl Moe	1:51.84	(b)
Stig Ellingsen	1:51.95	(k)
Tim Freeman	1:52.09	(q)
John Russell	1:52.36	(k)
Bruce Jackson	1:54.77	(r)

1500 meters

	NCAA	3:48.21
	Pac-10	3:50.14
%* Eric Garner	3:43.40	(e)
%* Carl Moe	3:44.91	(p)
%* John Russell (3:44.65)	3:45.06	(e)
%* Andy Fader	3:46.69	(r)

* Todd Arnold	3:48.47	(e)
Jon Hickey (3:49.18)	3:51.63	(r)
Mark Mandi	3:52.18	(p)
Mike Sayenko	3:56.17	(p)
Kevin Peters	3:59.10	(r)
Matt Topping (4:01.16)	4:02.29	(q)
Tim Freeman	4:02.86	(b)
Stig Ellingsen	4:03.85	(b)
Bruce Jackson	4:16.91	(b)
Doug Blaty	4:47.08	(g)

3000m Steeplechase

	NCAA	9:08.15
	Pac-10	9:23.54
* Carl Moe	9:14.65	(k)
* Andrew Robinson (9:15.85)	9:16.07	(r)
Chris Fayant	9:26.12	(r)
Matt Topping (9:21.70)	9:41.92	(p)

5000 meters

	NCAA	14:18.58
	Pac-10	14:35.14
%* Andy Fader (14:23.88)	14:10.81i/14:14.87 (3/6)	(p)
%* Jon Hickey	14:11.39i/14:14.24 (3/6)	(e)
* Mark Mandi (14:42.83)	14:12.51i/14:41.49 (2/14)	(q)
* Travis Boyd	14:29.90i/14:44.56 (2/14)	(p)
* Mike Sayenko	14:34.55	(k)
* Preston Brashers (15:02.39)	14:35.05i	(3/6)
Matt Owen	14:52.87	(e)
Matt Franck	15:05.92	(r)
Matt Topping	15:05.97	(r)
Kevin Peters	15:07.66	(q)

10000 meters

	NCAA	29:45.00 / 29:00.00
		No Pac-10 Standard
Mark Mandi	29:48.92	(e)
Travis Boyd	30:11.99	(e)
Mike Sayenko	30:12.42	(e)
Matt Franck	30:33.26	(p)
Kevin Peters	30:43.58	(p)

110-meter hurdles

	NCAA	14.33
	Pac-10	14.74
* Marc James	14.49w/14.64	(b/h)
Brandon Bailey	16.17	(h)
Doug Blaty	18.69	(g)

400-meter hurdles

	NCAA	52.51
	Pac-10	53.64
%* Sean Williams	51.89	(s)
* Brandon Bailey (53.25)	53.33	(d)
Blake Bidleman (54.14)	54.49	(a)
Phil McCary (54.78)	55.59	(b)

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4x100m Relay

NCAA 40.66

No Pac-10 Standard

James/Davidson/McCary/S. Williams 40.94 (q)
 James/Spence/Davidson/S. Williams 41.09 (e)

4x400m Relay

NCAA 3:10.84

No Pac-10 Standard

% Adams/McCary/S. Williams/Jackson 3:06.41 (s)
 N. Williams/Adams/S. Williams/Jackson 3:12.89 (q)

High Jump

NCAA 6-10 3/4 (2.10)

Pac-10 6-8 3/4 (2.05)

* Phillippe Cook (6-4 3/4) 6-8 3/4i (2.05) (1/31)
 * Warren Eickhoff 6-8 3/4i (2.05)/6-6 3/4 (2.00) (2/15)(s)
 Will Conwell 6-0 (1.83) (q)
 Doug Blaty 5-7 1/4 (1.71) (p)

Pole Vault

NCAA 16-4 3/4 (5.00)

Pac-10 16-4 3/4 (5.00)

%* McKane Lee 16-11 1/2 (5.17) (s)
 * Sam Roberts (16-0 3/4) 16-6i (5.03)/15-11 (4.85) (2/27)(f)
 %* Seth Perrins 16-5 1/4 (5.01) (p)
 Doug Blaty 11-7 3/4 (3.55) (g)

Long Jump

NCAA 24-1 (7.34)

Pac-10 23-6 1/4 (7.17)

Sam Roberts 20-11 1/4w (6.38)/20-7 1/4 (6.28) (h/q)
 Vinh Chung 20-4 1/4 (6.20) (a,h)
 Doug Blaty 20-3 3/4 (6.19) (g)

Triple Jump

NCAA 49-5 3/4 (15.08)

Pac-10 47-7 (14.50)

Vinh Chung 43-9 (13.33) (h)
 Sam Roberts 41-11 1/4 (12.78) (q)

Shot Put

NCAA 54-0 1/2 (16.47)

Pac-10 55-9 1/4 (17.00)

Evan Wilson 51-5 (15.67) (q)
 Joe Gatewood 47-2 1/2 (14.39) (b)
 Martin Bingisser 44-6 1/4 (13.57) (q)
 Doug Blaty 39-2 1/4 (11.94) (g)

Discus

NCAA 168-6 (51.37)

Pac-10 164-3 (50.07)

%* Will Conwell 173-5 (52.87) (a)
 Joe Gatewood 161-8 (49.27) (m)
 Evan Wilson 130-1 (39.66) (q)
 Doug Blaty 120-8 (36.79) (g)

Hammer

NCAA 182-6 (55.63)

Pac-10 180-5 (55.00)

%* Martin Bingisser 199-10 (60.92) (s)
 Joe Gatewood 159-2 (48.52) (h)
 Will Conwell 140-4 (42.78) (q)

Javelin

NCAA 202-2 (61.62)

Pac-10 190-5 (58.05)

%* Brian Harris 221-0 (67.36) (q)
 %* Rigel Wise 220-6 (67.22) (q)
 %* Juan Romero 208-9 (63.64) (s)
 Seth Perrins 158-6 1/2 (48.33) (r)
 Doug Blaty 156-3 (47.65) (g)

Decathlon

NCAA 7,000 / 7,500

Pac-10 5,892

* Doug Blaty 5,892 (g)

Key:

— NCAA championship meet competitors underlined
 % — NCAA Regional Championships qualifier
 # — NCAA provisional qualifier (10,000m, multi-events only)
 ! — NCAA automatic qualifier (10,000m, multi-events only)
 * — Pac-10 Championships qualifier (some marks achieved indoors)
 m — Indoor mile mark is highest-counting Pac-10 qualifier at 1500m
 i — Pac-10 qualifying mark achieved during 2004 indoor season
 \$ — Washington school record
 w — Wind-aided mark between 2.0-4.0 mps
 W — Wind-aided mark greater than 4.0 mps

(a) — Mar. 13, Salzman Invitational, *Tacoma, Wash.*
 (b) — Mar. 20, Cal Poly Invitational, *San Luis Obispo, Calif.*
 (d) — Mar. 20, Oregon Preview Meet *Eugene, Ore.*
 (e) — Mar. 26-27, Stanford Invitational, *Palo Alto, Calif.*
 (f) — Mar. 31-Apr. 4, Texas Relays, *Austin, Texas*
 (g) — Apr. 4-5, WWU Spring Forward Multi-Events, *Bellingham, Wash.*
 (h) — Apr. 10, Pepsi Invitational, *Eugene, Ore.*
 (j) — Apr. 10, Oregon Mini-Meet, *Eugene, Ore.*
 (k) — Apr. 16-18, Mt. SAC Relays, *Walnut, Calif.*
 (m) — Apr. 17, State Challenge Cup, *Pullman, Wash.*
 (n) — Apr. 22-24, Drake Relays, *Des Moines, Iowa*
 (p) — Apr. 23-24, Oregon Invitational, *Eugene, Ore.*
 (q) — May 1, UW-WSU Dual, *Pullman, Wash.*
 (r) — May 8, **Ken Shannon Invitational**, *Seattle*
 (s) — May 14-15, Pac-10 Championships *Tucson, Ariz.*
 (t) — May 28-29, NCAA Regional Championships, *Northridge, Calif.*
 (u) — June 9-12, NCAA Championships, *Austin, Texas*
 (v) — July 9-18, U.S. Olympic Trials, *Sacramento, Calif.*
 (x) — Aug. 20-29, 2004 Olympic Games, *Athens, Greece*